

Make Your Difference in the Lives of People Who Want to Remain Independent

- Yes! I want to help VHSBC to keep people living independently in their homes:**

Name _____

Company _____

Street: _____

City _____

State: _____ Zip: _____

Phone: _____

E-mail: _____

I wish to donate: \$ _____

- Check enclosed payable to Visiting Homemaker Service of Bergen County

Please charge:

- Visa MasterCard Amex

Exp. Date: _____ Security Code: _____

Signature: _____

- I would like to receive information on leaving a bequest to VHSBC

Please return this form with your check or credit card information to:

Visiting Homemaker Service of Bergen Co.
298 Union Street
Hackensack, NJ 07601

Why Should I Support Visiting Homemaker Service of Bergen County?

- Because you want to help people who want to remain independent stay in their homes knowing they will get the care and support they need.
- Because you want to see more efficient use of money spent on health care costs. It costs far less to maintain a person living independently in his /her own home than it costs for living in a nursing home or convalescent center.
- Because you are concerned about a loved one in your own family, perhaps a parent, a spouse, or a child who may need special care some day.
- Because you care about your own neighbors in Bergen County who may be elderly or require special help due to temporary or long-term disability.



Visiting Homemaker Service of Bergen County

298 Union Street
Hackensack, NJ 07601

(201) 488-0041
www.vhsbc.com



Keeping Loved Ones Independent

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CARING FOR PEOPLE IN THEIR OWN HOMES



For more than 50 years, the assistance provided by Visiting Homemaker Home Health Aide Service of Bergen County

has made it possible for thousands of people who do not want to lose their independence by leaving the homes they love.

Remaining independent is not a wish exclusive to senior citizens. Anyone can become disabled at any time — your parents, your children, even you, through illness or accident, and need the assistance of Visiting Homemaker Home Health Aide Service of Bergen County.

Just a Few of VHSBC's Services...

LIVE-IN SERVICES

Our **live-in aides** are available to stay in a client's home anywhere from 24 hours to 7 days a week, depending upon need. They can stay for a short convalescence or for long-term care. Often the presence of a live-in aide, especially at night, is reassuring to not only the patient, but also to family members living out of the area who need to know that their loved one is safe and secure.



RESPIRE CARE

Respite care assists dedicated families who are caring for a disabled or frail loved one by relieving them of their care-providing tasks for a period of time. This service is designed to give primary care providers a break to attend to personal business or for valuable recreation.



SHORT/LONG TERM CARE



Certified home health aides can care for a patient for a few days or a few weeks. Whether assistance is

needed for a brief time after an illness, a hospital stay, or rehabilitation, or on a long-term basis for chronic care, we have the right person to help.

PROJECT CHEER offers supportive services to senior citizens who are minimally disabled and wish to retain as much independence as possible. Trained CHEER aides visit clients weekly to help with tasks such as shopping, errands, and laundry. Often, having this type of assistance is all that is needed to allow an elderly person the ability to continue to remain in his or her own home.



HOW CAN I HELP VHSBC?

Your \$100 donation can help provide:

- **Temporary respite** (one month) for a caregiver – Cheer taking over running errands, shopping, light housekeeping
- **Temporary service** (month) until an at risk frail elderly can recuperate from a sudden illness (broken bone, heart attack, broken wrists) enabling them to maintain their independence
- **A month of weekly respite visits** for a daughter caring for her bed-bound 98 year-old father
- **Three months of respite** for an 87-year-old man caring for his 88 year old wife with dementia.
- **A week-end respite** for a 78 year-old Son caring for his 99 year old father with dementia
- **Assistance coming home from the hospital**, and two days service with Discharge Express for an 88 year old male, living alone

Your \$300 donation can help provide:

- **Three months of visits** to relieve stressed caregivers, ill caregivers, recuperating elderly seniors living alone

Your \$500 donation can help provide:

- **Six months of temporary services**, enabling a severe diabetic to orient himself to his diabetic blindness.
- **Twenty-seven (27) hours** of home health services.

Your \$1,000 donation can help provide:

- Fifty-four (54) hours of home health aide services