



Visiting Homemaker Home Health Aide Service of Bergen County, Inc.

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FOR IMMEDIATE RELEASE

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CHEER Program offers help to seniors

Visiting Homemaker Home Health Aide Service of Bergen County (VHS) supports Bergen County residents by providing a helping hand. Through grants by the Division of Senior Services as well as from corporations, foundations and donations, CHEER is now helping over 100 people each week. Weekly visits are made to provide grocery shopping, prescription pick up, laundry services and light housekeeping to those who qualify. “CHEER is a life saver to all we serve. The program supports those who cannot shop for groceries or manage a house by themselves. If not for CHEER, the people we serve would not be able to stay independent in their homes” explained Michele Ogden, program director of the CHEER Program. To be eligible for the CHEER Program, a person must reside in Bergen County, must be 60 years old or older, and have no other able bodied person living with them. Volunteers are welcome to help provide services. Volunteering with CHEER offers an opportunity to get out, meet new people, stay connected and help someone stay in their own home. It’s a great volunteer opportunity for everyone. Call Michele Ogden at 201-488-0041 during business hours for more information about the CHEER Program.

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